(1) The operating room care based on Wutong mode takes patients as the core, and effectively improves the negative emotions of patients during the perioperative period by creating a humanistic nursing atmosphere.

(2) The operating room care based on Wutong mode can not only improve and eliminate patients’ adverse emotions, but also can improve their self-efficacy, which has a positive effect on promoting the rehabilitation of postoperative limb function.

(3) Patients with abdominal surgery often have anxiety and depression during the perioperative period. In clinical practice, attention should be paid to the psychological states of patients to effectively protect their mental health.