CARE Checklist of information to include when writing a case report 

**Topic Item Checklist item description Reported on Page**

**Title 1** The diagnosis or intervention of primary focus followed by the words “case report” . . . . . . . . . . . . . . . . . . Page 1

**Key Words 2** 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" Page 1

**Abstract**

**(no references)**

**3a** Introduction: What is unique about this case and what does it add to the scientific literature? Page 1

**3b** Main symptoms and/or important clinical findings . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Page 1

**3c** The main diagnoses, therapeutic interventions, and outcomes Page 1

**3d** Conclusion—What is the main “take-away” lesson(s) from this case? Page 1

**Introduction 4** One or two paragraphs summarizing why this case is unique (**may include references**) Page 1-2

**Patient Information 5a** De-identified patient specific information Page 2

**5b** Primary concerns and symptoms of the patient Page 2

**5c** Medical, family, and psycho-social history including relevant genetic information Page 2

**5d** Relevant past interventions with outcomes Page 2

**Clinical Findings**

**Timeline**

**Diagnostic Assessment**

**Therapeutic Intervention**

**Follow-up and Outcomes**

1. Describe significant physical examination (PE) and important clinical findings Page 2
2. Historical and current information from this episode of care organized as a timeline Page 2

**8a** Diagnostic testing (such as PE, laboratory testing, imaging, surveys). Page 2

**8b** Diagnostic challenges (such as access to testing, financial, or cultural) Page 2

**8c** Diagnosis (including other diagnoses considered) Page 2

**8d** Prognosis (such as staging in oncology) where applicable Page 2

**9a** Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care) . . . . . . . . . . . . . . . . . Page 2

**9b** Administration of therapeutic intervention (such as dosage, strength, duration) Page 2

**9c** Changes in therapeutic intervention (with rationale) Absent change

**10a** Clinician and patient-assessed outcomes (if available) Page 2

**10b** Important follow-up diagnostic and other test results Page 2

**10c** Intervention adherence and tolerability (How was this assessed?) Page 2 (The patient reported no post-operative pain.)

**10d** Adverse and unanticipated events No Adverse events

**Discussion 11a** A scientific discussion of the strengths AND limitations associated with this case report Page 5-9

**11b** Discussion of the relevant medical literature **with references** Page 5-9

**11c** The scientific rationale for any conclusions (including assessment of possible causes) All sentences have been accompanied by a specific bibliography at the end of the sentence.

**11d** The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion Page 11

**Patient Perspective 12** The patient should share their perspective in one to two paragraphs on the treatment(s) they received . . . . Absent change

**Informed Consent 13** Did the patient give informed consent? Please provide if requested . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . **Yes √ No**